



# Evaluate Your Ergonomics

Leavitt Pacific Insurance Brokers is working with your organization to help you create healthier and improved ways to boost your wellness, increase your energy levels, and maximize your personal productivity in today's computerized office workplace.

In an effort to assist your organization in creating an environment that promotes a "neutral" position in which employees can work, we are providing a tool that can be completed at your desk. It is very intuitive and will provide a detailed report that highlights areas that need focus and ways to alleviate the issues.

Physical comfort at your workstation is our goal! The proper placement of equipment and technology is imperative to your health and well-being. The survey will provide a detailed report on your workstation environment to help you position your equipment and chair in order to optimize your focal and reach zones for maximum comfort.

We look forward to your participation in this important initiative that will help streamline the assessment process and give you a more hands-on, interactive approach to ergonomics and your own personal comfort.

Please contact us with any questions or concerns.

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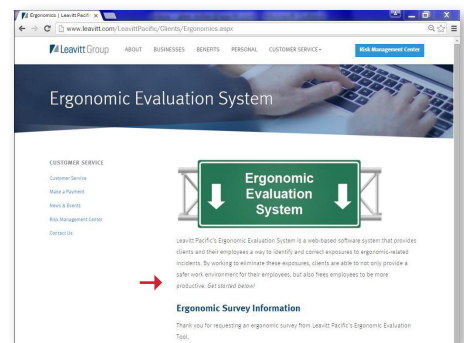
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## How to Complete the Survey

- Go to our Ergonomic Website: <http://www.leavitt.com/LeavittPacific/Clients/Ergonomics.aspx>
- Complete the appropriate information on the webpage.
- Shortly after submitting your information, you will receive an email with a link to the survey.
- Complete the survey and use the tool to learn about ways to eliminate ergonomic exposures.

 Leavitt Group

 Foothill Community Health Center a californihealthcenter